



A Sacrifice of Thanksgiving
Thanksgiving Sunday
Psalm 116:1-19
Pastor Lyle L. Wahl
October 11, 2026

Setting the scene.

1. The Psalm.
2. *Sacrifice.*

The reason for the sacrifice to God.

1. God values His people. (13)
2. God hears His people. (1-2)
3. God rescues His people. (5-6, 8-9)
4. God blesses His people. (5-7)

The response of the sacrifice to God.

1. A sacrifice of thanksgiving. (12-13, 17)
2. A sacrifice of faithfulness to God. (14, 18)

In My Life This Week

As you use this daily guide, write out your observations and responses on a separate piece of paper and save them with this sheet for reference.

Monday. It's Thanksgiving! With all that you are doing today, make sure to take time to, in the words of the hymn, "Count your blessings, name them one by one." List them, even write them out. Thank God for each one. Share your thankfulness and praise with the people you are with today.

Tuesday. The Psalm writer tells us some of the good reasons he had to bring a sacrifice of thanksgiving to God. He knew God valued him. As he faced the threat of death he realized he, and his death, were precious to God. So are you. As well, he testifies of God hearing his prayers for deliverance. Regardless of what is going on in your life today, you can thank God because He values you and He hears you. Thank Him. Live in light of this.

Wednesday. The Psalm writer also tells us he was giving a sacrifice of thanksgiving to God because God rescued him and blessed him. Read through the Psalm noting that. Think of times when God has rescued you, even from great dangers. Go back to your list of blessings from Monday and thank God for them again.

Thursday. The Psalm writer responded to God's grace and mercy with bringing a sacrifice of thanksgiving and pledging his faithfulness to God. Review the Psalm and any notes you took on sacrifices of thanksgiving. Review this week — how faithful have you been to God?

Friday – Saturday. On Sunday we plan to begin a trip through the book of Job. Read the first two chapters in preparation for our time together.